



**Our top tips for avoiding
online training risks**



It is expected that online training will continue to have its place throughout the sport and leisure sector.

With the training environment changing so dramatically, so quickly, the reduced governance instructors have over remote sessions leads to greater risk liability.

To help you keep covered in the evolving training and instructing landscape we've put together some valuable tips and guidance.

Tips to protect your liability

For any coaching or instruction that is undertaken remotely (live or pre-recorded), it is strongly recommended that the insured should:

<p>Top Tip No.1 of 11 for reducing risk in virtual training sessions</p>  <p>Be sure your clients know they are participating at their own risk.</p>	<p>Top Tip No.2 of 11 for reducing risk in virtual training sessions</p>  <p>Ensure a suitable floor space is required and any potential obstructions in the vicinity are removed before they participate.</p>	<p>Top Tip No.3 of 11 for reducing risk in virtual training sessions</p>  <p>Remind your clients they should avoid activities if they have injuries, aches or pains</p>	<p>Top Tip No.4 of 11 for reducing risk in virtual training sessions</p>  <p>They should avoid physical contact with other participants and, where appropriate, adhere to social distancing guidelines.</p>	<p>Top Tip No.5 of 11 for reducing risk in virtual training sessions</p>  <p>Clients must be wearing suitable footwear for the respective activity.</p>	
<p>Top Tip No.6 of 11 for reducing risk in virtual training sessions</p>  <p>For martial arts, or similar activities, they must not use blades, weapons or sharp instruments of any description.</p>	<p>Top Tip No.7 of 11 for reducing risk in virtual training sessions</p>  <p>Ensure your clients have signed a 'suitability to participate' acknowledgement form prior to their first session.</p>	<p>Top Tip No.8 of 11 for reducing risk in virtual training sessions</p>  <p>It's best to have a pre-training consultation video call with clients before the first session.</p>	<p>Top Tip No.9 of 11 for reducing risk in virtual training sessions</p>  <p>We recommend you record each of your sessions. They may assist in any claim made against you.</p>	<p>Top Tip No.10 of 11 for reducing risk in virtual training sessions</p>  <p>Make sure sessions are conducted only with clients who have demonstrated enough capability to participate.</p>	<p>Top Tip No.11 of 11 for reducing risk in virtual training sessions</p>  <p>Remind your participants to ensure they are seen on screen at all times.</p>

About us

In sport, leisure or entertainment, you've got to be prepared for the unexpected. At AXA XL, we're there to help our clients anticipate and manage any crisis. Our specialist underwriters have the right insurance solution for all types of organisations, ranging from a sports club participating in league fixtures, to an event organiser looking for cancellation cover.

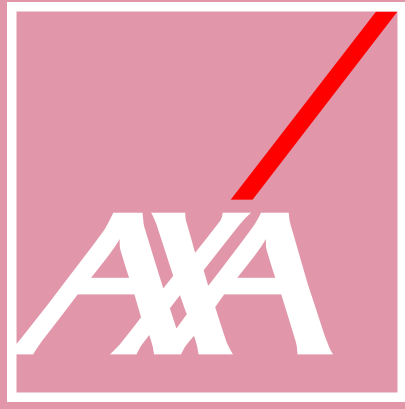
We insure a wide spectrum of sports clubs and tournaments events and activities, large and small, from education to entertainment.

Sport

- Sports clubs
- Tournaments and events
- Education and development
- Venues and facilities
- National governing bodies of sport
- Federations and associations
- Participation and affinity schemes

To find out more about how we can help you contact **STB Insurance Brokers, a Coverholder of AXA XL.**

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